

AUG 2023



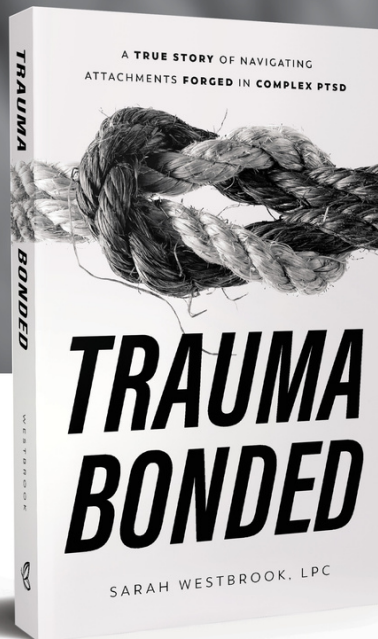
DAISY GIRL COMMUNICATIONS

NEWSLETTER

Sarah Westbrook's

TRAUMA BONDED

is out today!



IF YOU'RE LOOKING FOR A TRUE
STORY OF NAVIGATING
ATTACHMENTS FORGED IN
COMPLEX PTSD, DON'T MISS THIS
WISDOM-PACKED BOOK!

AVAILABLE NOW FROM THESE RETAILERS



FIND OUR MORE AT

sarahwestbrookbooks.com

I've been talking about my book on the podcast for almost a year! I am so excited (and slightly terrified) that my story will be out in the world for all to see. My greatest inspiration for getting my book out of my head and onto paper was the realization that my clients feel empowered to heal as I share my vulnerability with them. My greatest dream is that it will sell one million copies and inspire my readers to persevere through life's challenges and heal emotional wounds. If you want a chance to win a free Kindle copy of my book, remember to enter the Goodreads give away going on RIGHT NOW!

Much love,
Sarah



Drop us a line
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